

Wellington Academy North Cape

October 2026 Newsletter

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Admin News:

Happy October, Wellington Academy families! We are looking forward to a fun and exciting month with our students and families! Please remember that **Wellington Academy will be CLOSED on Monday, October 19th.** We are also excited for our annual **Trunk-or-Treat on Friday, October 23rd, from 6:30–8:30 p.m.!** Join us for an evening of trunk-or-treating, games, face painting, food, and lots of Halloween fun! We are still looking for families who would like to volunteer to **decorate a trunk and pass out candy** during the event. If you are interested in participating, please stop by the office to sign up. We can't wait to celebrate spooky season with all of our Wellington families!

Mrs. Diane & Miss Hannah.

Important Dates

October 19th: Closed for Professional Duty

October 23rd: Trunk-or-Treat 6:30-8:30

October 30th: VPK Portfolio Paren-teacher Conferences.

****Developmental Ones and Twos****

Happy October, Ones & Twos families! We are so excited to welcome **Ms. Jocelyn** to our classroom! She is looking forward to getting to know all of our little ones and their families as we enjoy a month full of learning, playing, and fall fun. This month, we'll explore the sights, sounds, colors, and textures of the season through hands-on activities, songs, stories, and lots of play. We're looking forward to a wonderful October together!

****Developmental Three's****

Happy October, Threes families! This month, we'll be exploring the wonderful world of **nature**! Our little learners will discover plants, animals, weather, and the world around them through stories, hands-on activities, art, and play. We're excited to encourage their natural curiosity as they explore, ask questions, and learn more about the amazing things they see every day. We can't wait for a month full of discovery and fall fun!

Miss Sky

The entire page is framed by a decorative border of orange pumpkins and autumn leaves in shades of orange, red, and yellow. The pumpkins are of various sizes, and the leaves are scattered throughout the border.

****VPK A****

Happy October, VPK A families! We have another exciting month of learning ahead of us! Our students have been working hard, building their independence, and growing their skills each day. This month, we'll continue practicing our letters, numbers, early literacy, and math skills while enjoying plenty of hands-on activities and fall fun. We are so proud of the progress our VPK friends are making and can't wait to see what October brings!

Miss Hannah

**** VPK B****

Hello, VPK B families! October is here, and we are ready for another month of learning and growing together! Our VPK friends will continue strengthening their letter and number recognition, early reading and writing skills, and social-emotional development through engaging classroom activities. We're looking forward to celebrating the fall season with lots of creativity, exploration, and fun along the way!

Miss Karina



What's Happening

October 19th

Wellington is Closed for Professional Duty
Day

October 23rd

Trunk-or-treat
6:30 PM to 8:30 PM

October 30th

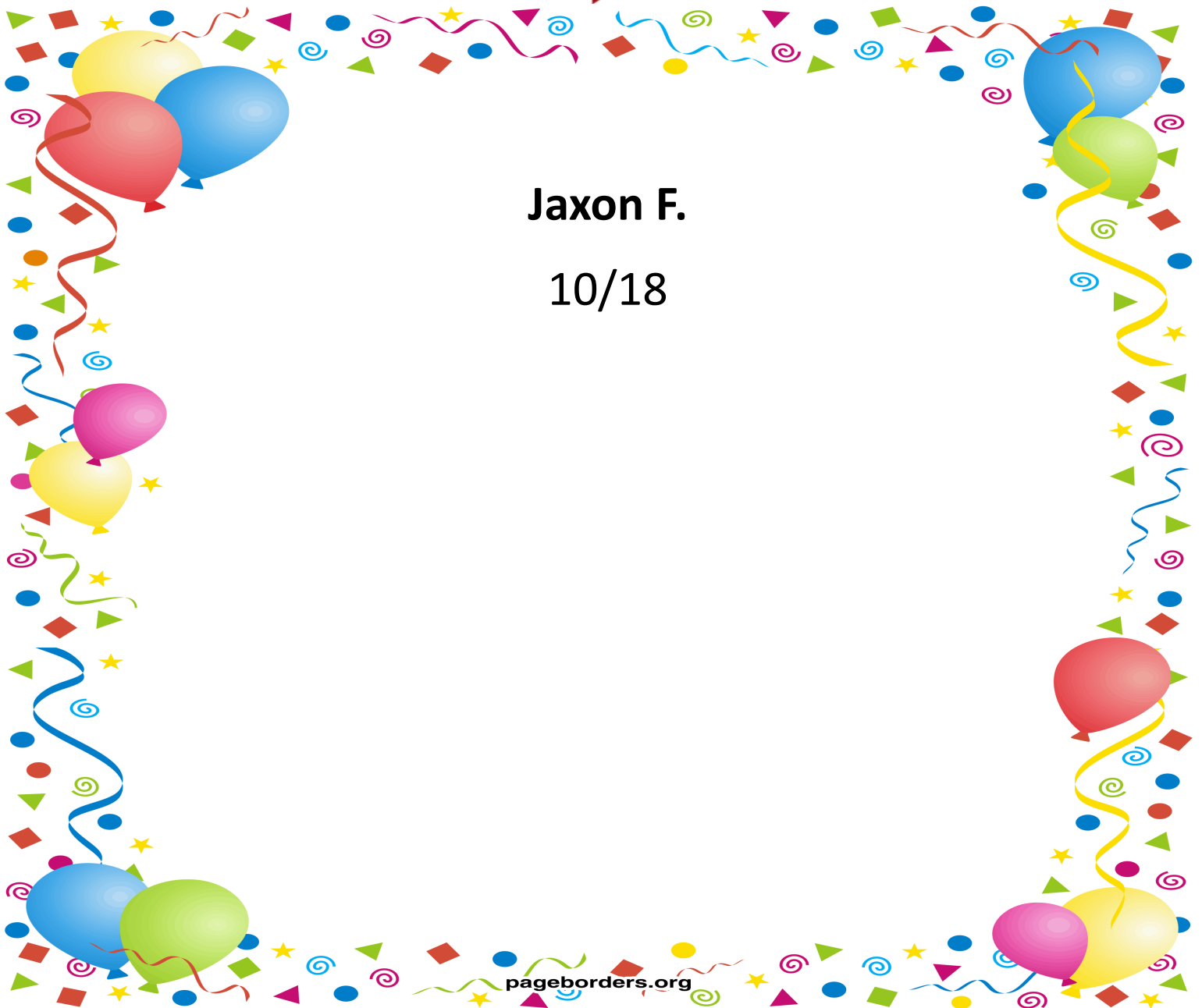
VPK Portfolio Parent-Teacher Conference





Jaxon F.

10/18





Theme:

Naure

Developmental One's & Two's:

Letters: I, J, K, & L

Numbers: 6, 7, & 8

Colors: Orange & Black

Shapes: Oval & Square

Developmental Three's, Pre-K & VPK:

Letters: li, Jj, Kk, & Ll

Numbers: 6, 7, & 8

Colors: Orange and Black

Shapes: Oval and Square

October 2026

D1: Whole Milk

D2 & Up: 1% Milk

September 28—October 2nd

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Applesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza, Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blueberries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk

October 5-9

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Raisin Toast, Orange Wedges, Milk	Cheerios, Pears, Milk	French Toast Sticks, Fruit, Milk	Special K, Peaches, Milk	Waffles, Mixed Fruit, Milk
Lunch	Beef Hot Dogs on WG Bun, Peas, Apples, Milk	Baked Ziti w/ WG Pasta, Mixed Veggies, mangoes, milk	Teriyaki Chicken, WG Rice, Green beans, Peaches, Milk	Pancakes, Sausage Links, fruit, Milk	WG Pizza, Peas, Mixed Fruit, Milk
Snack	WG Goldfish, Peaches, Water	Fruit yogurt and water	Animal Crackers, Water	WG Ritz Crackers w/ Cheese, Apple Juice	Cheese Its, Water

October 12—16

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Frosted Flakes cereal, strawberries, milk.	Vanilla Yogurt, Blueberries, Milk	Pancakes, Sausage Links, Applesauce, Milk	WG Toast w/ Jelly, Grapes, Milk	Cheerios, Strawberries, Milk
Lunch	Hamburger on WG bun, Carrots, oranges	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pasta W/ meat sauce, green beans, Mandarin Oranges, Milk	WG Chicken Nuggets, Mashed Potatoes, Pears, Milk	WG Pizza slice, Peaches, Peas, Milk
Snack	Vanilla Yogurt, blueberries, water.	Cheez-its, banana's Water	Pretzels, Pineapples, Water	Graham Crackers, Sun Butter, Water	Animal Crackers, Sliced Watermelon, Water

September 2026

D1: Whole Milk

D2 & Up: 1% Milk

October 19—23

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Biscuits w/ Cheese, Peaches, Milk	French Toast, Pears, Milk	Cheerios, Bananas, Milk	Waffles Peaches, Milks	Chex cereal, Peach- es, Milk
Lunch	Fish Sticks, Mixed veg- gies, applesauce, milk	Creamy Chicken Broccoli Alfredo w/ WG Noodles, Mixed Fruit, Milk	Ham & Cheese Sandwiches w/ WG Bread, Pears, Green Beans, Milk	Cheeseburger Sliders on WG Buns, Mixed Fruit, Milk	WG Chicken Nuggets Mashed Potatoes, Peaches, Milk
Snack	Chex mix, water	Graham crackers, sun butter, water	Vanilla Yogurt, Straw- berries, Water	Animal Crackers, Apple Juice	Cheez-its, Pineapple, Water

October 26—30

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, Pineapple, Milk	French Toast , Ap- plesauce, Milk	Cinnamon Raisin, Mixed fruit, milk	English Muffin w/ Cheese, Pears, Milk	Kix Cereal, Grapes, Milk
Lunch	Chicken w/ WG Rice, Mixed Fruit, Milk	Mini meatballs, WG rolls, Carrots, apples, milk	Turkey and Cheese Sandwich on WG bread, Green beans, peaches, milk	Chicken & Cheese Quesadilla on WG Tortilla, Corn, Mixed Fruit, Milk	WG Pizza. Pineapples, Green Beans, Milk
Snack	Animal Crackers, Water	Vanilla Yogurt, Blue- berries, Water	Cheez-it's, water	Chex Mix, Peaches, Water	Ritz Crackers w/ Sliced Cheese, Milk